

## ***Intermediate course dates 2017***

*with Delilah Souren-King*

Explore and observe how to link asanas  
from the introductory level to the intermediate level

### **Friday's 14:00 - 17:00**

January	13   27
February	10   24
March	10   24
April	7
May	19
June	9   23

Costs full course:      **€ 300,-**  
per time:                **€ 40,-**

This course will prepare you for the next level of asanas and the Junior Intermediate exam and is based on the curriculum of the Ramamani Iyengar Memorial Yoga Institute (RIMYI) in Pune.



The intermediate Course is opened for those who have a consistent home practice and have a minimum of one year of teaching experience.

e-mail **info@iyengaryogaamsterdam.com** to sign-up