

B.K.S. Iyengar Yoga Institute Amsterdam

अथ योगानुशासनम्

Rooster Pasen / Easter Schedule 2019*

Friday, April 19

10.15 – 11.45 : level 2/3
11.00 – 12.30 : level 1
12.00 – 13.30 : level 1/2

Sunday, April 21

12.00 – 13.30 : level 1

Tuesday, April 23

10.15 – 11.45 : level 1/2
14.00 – 15.30 : level 1
18.00 – 19.30 : level 2
20.00 – 21.30 : level 1
20.00 – 21.30 : Prenatal

Thursday, April 25

14.00 – 15.30 : level 1/2
15:30 – 17.00 : Seniors class
18.00 – 19.30 : level 2

Saturday, April 20

10.15 – 11.45 : level 1
12.00 – 13.30 : level 1

Monday, April 22

12.00 – 13.30 : level 1

Wednesday, April 24

10.15 – 11.45 : level 1/2
18.00 – 19.30 : level 2
20.00 – 21.30 : level 1

Friday, April 26

11.00 – 12.30 : level 1

Saturday, April 27

KING'S DAY – no classes

* schedule subject to change without notice, check website for last minute class changes

Happy Easter Holidays

Easter workshop with Delilah King
Tuesday thru to Friday, 23 – 26 April, 2019
10am-1pm & 2:30-4:30pm

www.iyengaryogaamsterdam.com