

B.K.S. IYENGAR YOGA INSTITUTE AMSTERDAM
अथ योगानुशासनम्

Summer Schedule / Zomer rooster

1 July thru to 31 August 2018 / 1 juli t/m 31 augustus 2018

<i>Monday / maandag</i>	<i>Tuesday / dinsdag</i>	<i>Wednesday / woensdag</i>	<i>Thursday / donderdag</i>	<i>Friday / vrijdag</i>	<i>Saturday / zaterdag</i>	<i>Sunday / zondag</i>
<p>10.15-11.45 level 1/2 Mumtaz Khadjé (Donald, Francesca)</p> <p>18.00-19.30 all levels Donald Streeter (Daniela)</p> <p>20.00-21.30 level 1 Delilah King (Donald, Daniela)</p>	<p>10.15-11.45 level 1/2 Donald Streeter (Elias)</p> <p>14.00-15.30 level 1 Ralph Pilleri (Chi)</p> <p>18.00-19.30 level 2 Daniela Gfeller (Joelle, Francesca)</p> <p>18.00-20.00 level 4 Delilah King * 3, 17+31 July only *</p> <p>20.00-21.30 level 1 Joelle Sie Man Tang / (Daniela, Francesca)</p> <p>20.00-21.30 Prenatal Daniela Gfeller * July only *</p>	<p>10.15-11.45 level 1/2 Jan Kievits</p> <p>14.30-16.00 Kids 7-12 Daniela Gfeller * 4, 18+25 July only *</p> <p>18.00-19.30 level 2 Paula Soares / (Chi, Maria)</p> <p>20.00-21.30 level 1 Chi Lee * July only *</p>	<p>10.15-12.15 level 3 Delilah King (Daniela, Ralph) * no class 12 July *</p> <p>18.00-19.30 level 2 Donald Streeter (Ela)</p> <p>18.00-20.00 medical class Delilah King and assistants * July only *</p>	<p>10.15-11.45 all levels Delilah King (Donald, Elias) * no class 13 July *</p> <p>11.00-12.30 level 1 Jan Kievits</p>	<p>08.30-10.00 all levels Donald Streeter (Elias)</p> <p>10.15-11.45 level 1 Jan Kievits</p> <p>12.00-13.30 level 1 Elias General (Donald) * July only *</p>	<p>10.15-11.45 level 3 Delilah King (Ralph, Sarah-Jane) * no class 8+15 July *</p> <p>12.00-13.30 level 1/2 Jan Kievits</p> <p>18.00-19.30 level 1 Ralph Pilleri (Daniela)</p>

NOTE:
*Only PIN payments accepted.
Please check the website before arriving for class for last minute class changes.*

Ivm de zomerworkshop zijn er geen ochtendlessen op 8, 12 en 15 juli.
Due to the Summer workshop there will be no morning class on 8, 12 and 15 July.

Het normale lesprogramma start weer op zaterdag 1 september 2018.
The regular class schedule starts again on Saturday, September 1, 2018.